

## Senior Meals Whitingham Municipal Center

### JUNE MENU

**Tuesday June 2nd** *American Chop Suey, corn, sweet potato, Red Cabbage Salad, Fruit medley*

**Thursday, June 4th** *Chicken cutlet, carrots, mashed potatoes, capris salad, custard*

**Tuesday June 8<sup>th</sup>** *Shepard's Pie, mixed vegetables, Pasta Fragiola, mandarin oranges*

**Wednesday, June 10th** **Readsboro Meal**

**Thursday, June 11th** *Bear battered cod, Fried Rice, broccoli, beef and barley soup, brownies*

**Tuesday, June 16th** *Meatloaf with gravy, peas and carrots, potatoes au gratin, Julienne veggies, fresh fruit*

**Thursday, June 18th** *Ham and Beans, coleslaw, Split pea soup, fruited jello*

**Friday, June 19th** **Halifax Meal-**

**Tuesday, June 23<sup>th</sup>** *Beef stroganoff, egg noodles, butternut squash, spinach & tomato salad, pudding with fruit*

**Thursday June 25th** *Eggplant Parmesan, spaghetti, green beans, minestrone soup, birthday cake*

**Tuesday, June 30<sup>th</sup>** *Seafood Newburgh, Rice, grilled mixed veggies, tossed salad, blueberry muffin*

NOTE: menu items subject to change, based on availability

For information call Deerfield Valley Meals 802-368-7567  
On Facebook "Deerfield Valley Senior Meals"  
Tuesdays and Thursdays call between 9:30-10:30 to order  
\$4 suggested donation 60+ ...Meals pickup Noon-One

