## Senior Meals Whitingham Municipal Center

## **MARCH MENU**

Tuesday, March 5th Town Meeting Day – No Meal

Thursday, March 7th Madrid Gras; Jumbalaya, Gumbo, Cajun Blackened Fish, Bananas Foster.

Tuesday, March 12th BBQ Chicken, carrots, mashed potatoes, corn & sausage chowder, spiced peaches.

Wednesday, March 13th Readsboro Meal

Thursday, March 14th St Patrick's Day Corned beef and cabbage, carrots, potato & leek soup, pistachio pudding

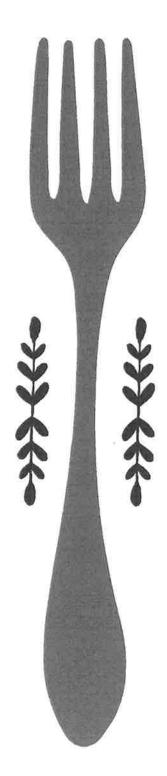
Friday, March 15th Halifax Meal

Tuesday, March 19th Shephard pie, Carrots, fresh julienne vegetables, fruit cocktail.

Thursday, March 21nd Spinach and Cheese Ravioli Ratatouille, minestrone soup, mandarin oranges

Tuesday, March 26th Baked Fish, green peas, Potato's au gratin, chicken and rice soup, brownies

Thursday March 28th Chicken pot pie, green beans,
Tossed Salad. Birthday Cake VISITING NURSE HERE



For information call Deerfield Valley Meals Tuesdays and Thursdays 10:00 – 1:30. 802-368-7567 \$3 suggested donation 60+ ... Meals served at Noon.