

# Senior Meals Whitingham Municipal Center

## DECEMBER MENU

**Thursday December 1<sup>st</sup>** *Cheese & Spinach Ravioli, sausage, garlic bread, carrots, chicken and rice soup, fresh fruit*

**JOIN US FOR THE TREE TRIMMING!**

**Monday December 5<sup>th</sup>** Bennington shopping day-free Moover transportation – call ahead to reserve your spot 888-869-6287

**Tuesday, December 6<sup>th</sup>** *Lemon & garlic breaded Cod, corn & black bean mix, sweet potato, tossed salad, cookie*

**Wednesday, December 7<sup>th</sup>** *Readsboro Meal*

**Thursday, December 8<sup>th</sup>** *Beef Stew, broccoli & cauliflower, spinach & tomato salad, brownie*

**SCHOOL CHOIR SINGING CHRISTMAS CAROLS**

**Tuesday, December 13<sup>th</sup>** *Eggplant Parmesan, pasta, green beans, tortellini soup, pudding*

**Thursday, December 15<sup>th</sup>** *Beer battered cod, grilled mixed vegetables, mashed potatoes, cranberry & spinach salad, bread pudding*

**Friday, December 16<sup>th</sup>** *Halifax Meal*

**Tuesday, December 20<sup>th</sup>** *Chicken Cordon Blu, roasted red potatoes, acorn squash, beef & barley soup, mixed fruit*

**Thursday, December 22<sup>th</sup>** *Christmas Celebration Appetizers, Baked ham, peas & onions, mashed turnip & carrots, home made apple sauce, Christmas Desert.*

**Tuesday, December 27<sup>th</sup>** *Chinese pork, (with peas & onions), rice, ginger carrots, Chinese soup, ice cream*

**Thursday, December 29<sup>th</sup>** *Cranberry chicken, beets, sweet potatoes, harvest fruit salad, birthday cake.*

For information call Deerfield Valley Meals 802-368-7567

On Facebook "Deerfield Valley Senior Meals"

Tuesday & Thursday meal served at noon

\$5 suggested donation 60+

Free Transportation Moover call 888-869-6287 for pick up.

