

Senior Meals Whitingham Municipal Center

SEPTEMBER MENU

Thursday, September 1st *Eggplant parmesan, carrots, pasta, tossed salad, ice cream*

Tuesday, September 6th *BBQ chicken, broccoli, Spanish rice, caprese salad, corn bread, watermelon.*

Thursday, September 8th *Chicken pot pie, grilled vegetables, wild rice, spinach & cranberry salad, pudding*

Monday September 12 **Bennington shopping day-free Moover transportation – call ahead to reserve your spot 888-869-6287**

Tuesday September 13th *Stuffed zucchini, rice, acorn squash, minestrone soup, cookies*

Wednesday, September 14th ***Readsboro Meal***

Thursday, September 15th *Chicken cordon blu, mashed potatoes, ratatouille, tomato soup, jello*

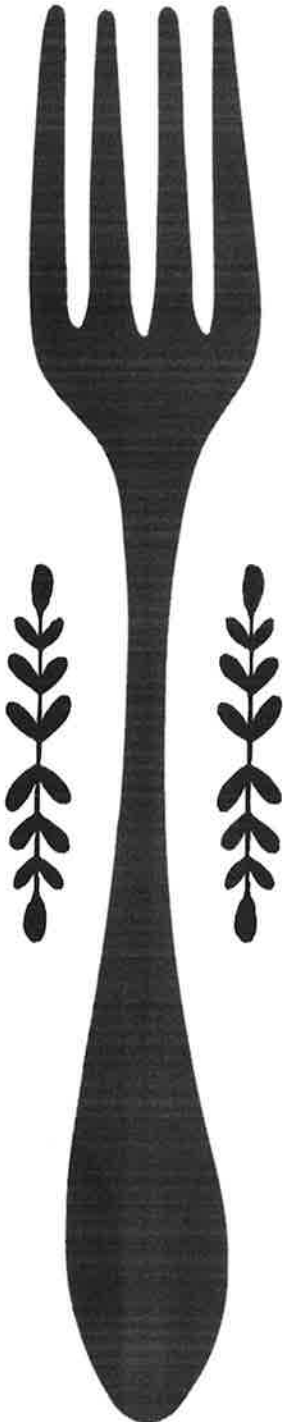
Friday, September 16th ***Halifax Meal***

Tuesday, September 20th *Roasted pork, green beans, roasted potatoes, Tossed Salad, peaches & berries*

Thursday, September 22nd *Beer battered cod, pea's & onions, sweet potatoes, cottage cheese & oranges, brownies*

Tuesday, September 27th *Baked ziti, meatballs, squashes, beef & barley soup, ice cream*

Thursday, September 29th *Shepherds pie, carrots, split pea soup, . Birthday Cake*



For information call Deerfield Valley Meals 802-368-7567
On Facebook: Deerfield Valley Senior Meals
Tuesday & Thursday \$5 meal served at Noon

The Moover provides Free transportation to and from
Senior Meals call for pick up 888-869-6287