

Senior Meals Whitingham Municipal Center

FEBRUARY MENU

Tuesday, February 4th *Beer battered cod, cauliflower, rice pilaf, Chicken and dumpling soup, mandarin oranges.*

Thursday February 6th *Baked Lasagna, garlic bread, sautéed spinach and onions, Blueberry buckle , Tossed Salad*

Tuesday, February 11th *Baked Stuffed Chicken, green beans, cranberry sauce, Sausage & Lentil Soup, Chocolate chip cookie and fruit*

Wednesday, February 12th *Readsboro Meal*

Thursday, February 13th **VALENTINE CELEBRATION**
Baked stuffed Filet of Sole, Beets, baked potato, caprice salad, Red Velvet cake

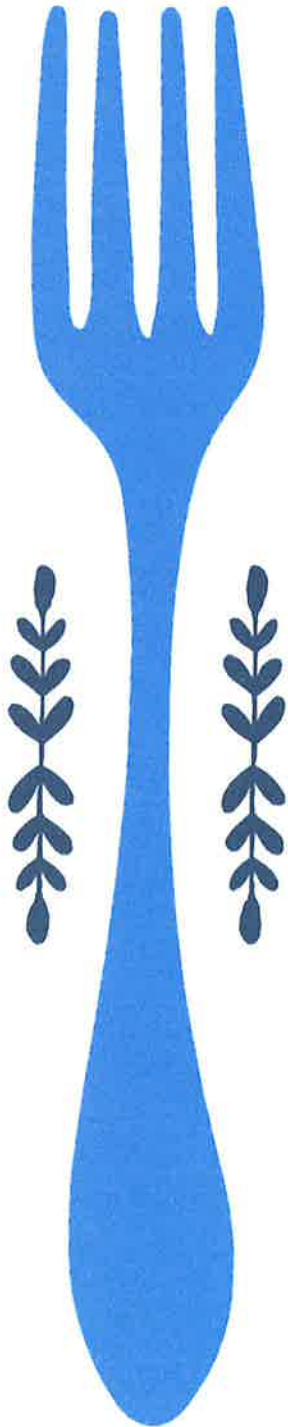
Tuesday, February 18th *Chicken Parmesan, spaghetti, broccoli, Tossed Salad, brownies*

Thursday, February 20th *Tortellini carbonara, mixed vegetables, tomato soup, pudding with berries.*

Friday, February 21th *Halifax meal*

Tuesday, February 25th **MARDI GRAS** *Jumbalaya, Gumbo, Blackened Catfish, Bananas Foster over vanilla ice cream.*

Thursday, February 27th *Beef Stroganoff, peas & corn, chicken and rice soup, birthday cake*



For information call Deerfield Valley Meals
Tuesdays and Thursdays 10:00 – 1:30. 802-368-7567
\$4 suggested donation 60+ ...Meals served at Noon.