

Senior Meals Whitingham Municipal Center

FEBRUARY MENU

Tuesday, February 5th *Beer battered cod, cauliflower, rice pilaf, tossed salad, mandarin oranges.*

Thursday February 7th *Baked Lasagna, garlic bread, sautéed spinach and onions, antipasto salad, Fruit Cocktail*

Tuesday, February 12th *Baked Stuffed Chicken, green beans, Spinach salad, Chocolate chip cookie and fruit cocktail*

Wednesday, February 13th *Readsboro Meal*

Thursday, February 14th *Baked stuffed filet of Sole, Beets, baked potato, Minestrone Soup, Fruited jello*

Friday, February 15th *Halifax Meal*

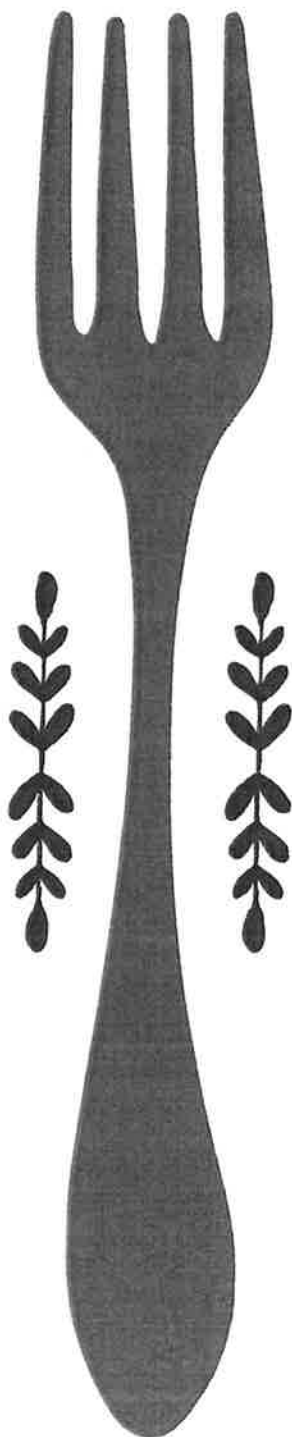
Tuesday, February 19th *Chicken Parmesan, spaghetti, broccoli, Tossed Salad, brownie*

Thursday, February 21st *Tortellini with peas & carrots in a white sauce, green beans, Fresh tossed salad, pudding with fresh fruit.*

Visiting Nurse Today

Tuesday, February 26th *Pan Seared Pork chops, Fried Cauliflower Rice, Sautéed peas, beef and barley soup, ice cream*

Thursday, February 28th *Goulash, gingered carrots, fresh salad, birthday cake*



For information call Deerfield Valley Meals
Tuesdays and Thursdays 10:00 – 1:30. 802-368-7567
Tues. Ping Pong 10:00-11:30/Thurs. Bingo 10:30-12:00
\$4 suggested donation 60+ ...Meals served at Noon.