

Senior Meals Whitingham Municipal Center

JANUARY MENU

Tuesday, January 5th. *Baked stuffed sole, mixed vegetables, sweet potatoes, julienne vegetables, baked apple.*

Thursday, January 7th *Pork tenderloin, green beans, baked potatoes, apple sauce, caprice salad, peaches*

Tuesday, January 12th *Baked chicken, rice pilaf, acorn squash, split pea soup, chocolate chip cookie*

Wednesday, January 13th **READSBORO MEAL**

Friday, January 15th **HALIFAX MEAL**

Thursday, January 14th *Eggplant parmesan, mashed potatoes, vegetable soup, bread pudding*

Tuesday, January 19th *Spaghetti and meatballs, spinach & onions, garlic bread, fresh tossed salad, fruit salad*

Thursday, January 21st *Chicken pot pie, saute' green beans, waldorf salad, mandarin oranges*

Tuesday, January 26th *Baked Cod, broccoli & cauliflower, home fries, clam chowder, brownies*

Thursday, January 28th *Baked meatloaf, au gratin potatoes, green peas & onions, tossed salad, Birthday Cake*



For information call Deerfield Valley Meals 802-368-7567
Tuesday & Thursday call between 9:30 & 10:30 to order
\$4 suggested donation 60+ ...Meal pickup Noon-One.